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*"A Doctor's Guide to Alternative Medicine" radio interviewÂ with Liz Sommers

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*5 Steps in Talking With Patients About Alternative Medicine By Dr. Mel Borins

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*The Natural Nurse and Dr. Z â€“ Dr. Mel Borins

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*A doctor's take on alternative medicine

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*Virginia is for Lovers “ of Trains and Trails

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*Students Stress, Suicide Rates On The Rise

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*Awash in Colour in India

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*When love dies, go to relationshipobit.com

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*Melatonin for Jet Lag

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*Antibiotic Resistance and AECB

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*Americans Shortchanging Themselves

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*Break Away From Work: the Restorative Value of Effective Vacationing

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*Alternatives for Menopausal Symptoms

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*Overworked Ready for a Break

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*Vacations are Good for All, So Take Them

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*Forget Your Troubles: Itâ€™s Good For Your Well-being

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*38% of Working Canadians Donâ€™t Use Up Holidays

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*Take off and Turn it Off

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*Working Hard but Playing Less

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*Staying in Touch on Vacation

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*Take Charge of Your Health

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*Going on Vacation can Save your Life

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*Time Away from Work Gives Americans a Kick in the Career

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* Complementary Medicine: What You Should Know

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*Holidays Sometimes the Best Medicine Researcher says

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